

Digging Deeper Sermon Review: October 31, 2021

Group check-in

Open with prayer and follow up from the previous meeting. Feel free to utilize the following if they are helpful:

check in on prayer requests, evidences of grace, and things to be grateful for

Where is everyone at spiritually this week?

- What has been hard?
- Where is sin alluring/tempting?
- Where is God at work?
- Where has God been good to you this past week?
- Who are the unbelievers you are praying for?
- Any gospel opportunities in the past week?

Dig Deeper Into the Sermon: One Anger (Ephesians 4:26-27)

Have someone read last Sunday's passage. Consider working through some of the following questions as a group:

- What hope does Ephesians 4:22-24 offer to us as we consider the topic of anger?
- Have you encountered an angry person this week? What happened? How did you respond?
- When was the last time you got angry? What happened? What does your anger look like?
- Are you startled by Paul's command to be angry?
- What does Paul mean when he writes: "Be angry and do not sin"?

- Do you have a category for righteous anger, or is this new to you? If it's new, how did it land on you?
- Can you look back and see times of righteous anger in your life?
- What is it that makes anger righteous and not sinful?
- Why does Paul add the qualifications at the end of verse 26 and verse 27 to his command about anger?
- Why should we not let the sun go down on our anger? What does this qualification imply about our anger?
- What does Paul mean when he says, "and give no opportunity to the devil"?
- Are you a revealer or concealer?
- What is sinful anger? What causes it according to James 4:1-2?
- How do we put off anger?
- If anger is a stumbling block for you, think about what it is that you desire that has become an idol. Identify it by asking questions like: Where do I tend to get irritated or frustrated (euphemisms for anger)? When am I tempted to flashes of red hot anger? Where am I tempted to withdraw? What is it that I want that I don't have that makes me "do anger," as David Powlison said?
- Whose help are you going to enlist to get to the heart of your sinful anger?
- What does the gospel make possible in relation to your anger?
- Why should you be filled with gospel hope even if sinful anger is an issue for you?

Wrapping up with Prayer

Consider ways in which you can pray for one another in light of the direction the Spirit has led your discussion time.